Responses for "Faculty-Led International Program Proposal"

1. Program Title (e.g., UNM in Argentina)
   
   Please give us the full title of the program.

   University of New Mexico, Physical Therapy Division Service Learning Project to Guatemala

2. Departure Date
   
   07/28/2018

3. Return Date
   
   08/11/2018

4. Program/Course Start Date
   
   Please indicate the program/course start date (If different from departure date). For example some programs begin class before the group travels abroad.

   07/28/2018

5. Application Deadline(s)
   
   Deadlines will be listed on the website for students to see. Please provide details on when you plan to start recruiting and when student applications will be due.

   Recruitment is limited to students currently enrolled in the second year of the Physical Therapy Program at UNM. Recruitment begins in November of 2017. Enrollment must be completed by May 31, 2018

6. Language of Instruction
   
   The students will travel to a Spanish-speaking country. A component of the course includes private Spanish classes and living in the home with native, Guatemalan host families. The students are required to take a Medical Spanish course, offered by the Physical Therapy Division. It is an 8 week course, 2 hours per week. The course covers basic and medical vocabulary and useful medical/clinical phrases in Spanish.

7. Minimum GPA to participate
   
   Does your program have a GPA requirement?

   There is not a minimal GPA requirement for this course.

8. Areas of Study
   
   (Example: Biology, Environmental Science, Sociology, etc.)

   Physical Therapy

9. Location/Itinerary
   
   List and describe all program locations. Describe the program itinerary and include dates for each location.

   The trip leaders and students arrive to Guatemala on Saturday, July 28, 2018 at approximately 7:00 p.m. via the Guatemala City Airport. Upon arrival, the shuttle drivers meet us at the airport exit and escort us to the 2 private shuttle buses. Each shuttle carries a trip leader and half of the students. All participants are directly transported to Antigua, which is approximately 45 minutes away. Each group
of participants is dropped off at their respective host home. The trip leaders are the last to be dropped off at their respective host homes. This is to ensure that all students are dropped off safely to their respective host homes.

The next morning, the students utilize maps they are given and are often times are escorted by their host families, to walk to the Sevilla Antigua Spanish School. All participant meet with the trip leaders in front of the Spanish school at 9:00 a.m. At this point, there is a debriefing to confirm all host home arrangement are appropriate. The entire group then walks approximately 2 blocks to a hotel/restaurant for a traditional Guatemalan breakfast. After breakfast, the primary trip leader, Rose Vallejo, then provides everyone a walking tour, which includes a trip to the safe ATM site, the Antigua Tourism Office (where security can be requested to visit particular sites). The tour also includes walking to the central park, 3 cathedral landmarks, Cerro de la Cruz and the mercado. Typically the entire group spends the first day together.

The students are split into two groups each morning, one group of 5 (including secondary trip leader) goes to Obras Sociales de Santo Hermano Pedro from 8:30 a.m. to 12:00 noon. via private shuttle service. The hospital address is Antigua Guatemala 6°. Calle Oriente NO. 20

In the hospital, the group subdivided into two groups, ½ treat children in the pediatric section of the hospital, the other half treat adults in the inpatient adult unit. The students work with a trip leader, as well as several Guatemalteco physical therapists.

The other group of 6 (including the primary trip leader) goes to Refugio de Esperanza (Hope Haven International), a charitable organization that runs a wheelchair factory and clinic just outside of Antigua. The group is transported to the wheelchair factory via private shuttle service provided by the wheelchair factory. The wheelchair factory address is Carretera Interamericana CA1 Km 40, Entrada a Santo Domingo Xenacoj No. 246, Sacatepéquez, Guatemala. The group is at the wheelchair factory from 8:30 to 12:30 each week day morning. The students and trip leader help the local employees of the factory (many of whom are wheelchair users) fabricate wheelchairs and conduct complex wheelchair seating and positioning evaluations with the assistance of the trip leader and a local Guatemalteca physical therapist.

Students then return to their homes (arrival between 12:30 and 1:00 p.m.) to have almuerzo (lunch) with their host families. They then attend Spanish school with college educated native Guatemalteco Spanish speakers at Sevilla Spanish School. School runs from 2:00 p.m. to 5:00 p.m. Students then return to their homes and have cena (dinner) with their families at 7:00 p.m.

After one week, the two groups of students rotate so that every student spends one week in the hospital and one week in the wheelchair factory/clinic.

Weekday schedule for the weeks of July 30, 2018 and August 6, 2018:

- 8:00 to 8:30 - Transport to wheelchair factory or hospital from the Spanish school
- 8:30 to 12:00 or 12:30 - Volunteer in wheelchair factory (ends at 12:30) or hospital (ends at 12:00).
- 12:00 or 12:30 - Transport back to Antigua
- 12:30 or 1:00 - Arrival in Antigua and dropped off in front of the Spanish school. The participants walk back to their host homes for lunch
- 12:30 or 1:00 to 2:00 - All participant have lunch with their host families and then walk back to the Spanish school
- 2:00 to 5:00 p.m. - Spanish class at Sevilla Antigua Spanish School
- 7:00 p.m. - Dinner with their host families
- 8:00 p.m. - Free time
- 12:00 midnight - Curfew
August 4, 2018 and August 5, 2018 are on the weekend, which is considered free time. The students are encouraged to stay in Antigua. If they decide to leave, they must use Guatemala certified tour guides and visit popular tourist sites, which must be approved by the primary trip leader.

10. Program Description

Please provide 1) a description of the program 2) learning outcomes, and any eligibility/pre-requisite requirements 3) If UNM credit will be granted for participation, please list the course numbers, number of credits available 4) upload a copy each syllabus.

This service learning trip is part of PT 653, Patient Management and Clinical Decision Making IV. Course Prerequisites: Medical Spanish Course as offered by the Physical Therapy Division at UNM (It is part of PT 653.) and successful completion of the second year of the physical therapy program at UNM.

Course/Trip Requirements:
1. The students will attend one-on-one Spanish classes from 2:00 p.m. to 5:00 p.m., Monday through Friday for 2 weeks at Sevilla Spanish Academy.
2. The students will volunteer from 8:00 a.m. to 12:00 noon at Obra Sociales Hermano Pedro Catholic Hospital for 1 week, providing physical therapy services to adults and children.
3. The students will volunteer from 8:00 a.m. to 12:00 noon at Refugio de Esperanza Wheelchair Factory for one week, evaluating and fitting disabled children and adults in wheelchairs.

Course Syllabus:
PT 653 Patient Management and CDM IV.doc

Course Purpose: The purposes of this course is to experience, and discuss identified learning needs in the areas of: professionalism, social responsibility, compassion and caring, cultural competence, altruism, civic duty, advocacy, health promotion, community partnership, rural community interaction and interdisciplinary skill development. Service learning and other volunteer opportunities augment the clinical application of skill and knowledge while facilitating professionalism, leadership, meaningful and relevant service, self-improvement, trustworthiness, partnership, and reciprocal growth and empowerment for all parties involved.

Objectives:
1. Create opportunities for enhanced personal and/or professional relationships with the community and target populations (A, 1-3).
2. Develop an understanding of the theories and concepts related to service learning (A1-3).
3. Provide an identified service to a community agency or a specific target population to be served such as needs assessment, program development, program implementation, program evaluation (P, 1-3, A, 1-3)
4. Develop an action plan for service (A, 1-3).
5. Engage in meaningful service by working on a project that will make a difference (P, 1-3, A, 1-3).
6. Develop and accomplish separate service and educational goals or objectives
7. Identify individual and cultural considerations in developing service. Students will interact with clients in a culturally competent way that reflects a respect for the diversity of health beliefs and individual differences (P, 1-3, A, 1-3).
8. Practice reflection, adjust and suggest implemented changes for next steps and future service learning (A, 1-3)
9. Develop an appreciation for the relationship between personal and professional growth in
developing leadership skills (A, 1-3).

Grading:

Proposal and/ or Objectives completed generates up to 15 points
Service completed and community partner feedback generates up to 50 points
Reflection paper Generates up to 25 points
Participation generates up to 10 points

Course Number: PT653
Course Credits: 3 credits
Course Syllabus: PT 653 Patient Management and CDM IV.doc

11. Housing
Describe the housing arrangements in the host country. If the group leader is arranging housing for the group, please list name and address of the housing arrangements.

The housing is arranged through Sevilla Spanish Academy. The participants are placed in groups of 1-3 in local homes that are walking distance from the Spanish school. Each of the bedrooms in the home are secured with a lock/key and each room has a private or semi-private bathroom. The housing accommodations include meals 3 times per day Monday to Saturday, and access to clean drinking water.

12. Estimate number of participants
Estimate the number of participants you expect to be involved in the program.

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13. Program Leaders
Who are the primary organizers leading this program?

Please also list the names, university titles, phone numbers, E-mail addresses, and emergency contacts for all teachers or program leaders, including GTAs or student assistants.

Who are the primary organizers leading this program? Please list names, university titles, phones and E-mail addresses, and emergency contacts for each.

Please also list the names, university titles, phone numbers, E-mail addresses, and emergency contacts for any additional teachers or program leaders, including GTAs or student assistants.

Primary Organizer: Rose Vallejo, PT, DPT
UNM Ties: Assistant Professor in the Division of Physical Therapy at the University of New Mexico
Office Phone: (505) 272-5784
Cell Phone: (XXX)XXX-XXXX
E-mail Address: RMVallejo@salud.unm.edu
Emergency Contact: XXXXXXXX

Secondary Instructor: (First Name, Last Name)
UNM Ties: XXXXXXXX
14. Passport

Please attach a photocopy of the photo and bio pages of each program leader’s passport. You may attach one or multiple documents by clicking on the file folder icon above.

**Rose Vallejo Passport and Biography:**
Rose Vallejo Biblio 2017.docx
Passport copy 2015.pdf

**(First Name, Last Name) Passport and Biography (resume):**
(First Name, Last Name) Resume 2017-18.docx
(First Name, Last Name) Passport 2017-18.pdf

15. Budget and program costs

Describe the program cost to participants including required and optional expenses included in the program fees, and what the program fees cover or do not cover (e.g., UNM tuition, airfare, ground transportation, housing, meals, insurance, excursions, special events, passport, etc.). Please provide/upload copy of budget.

**Expenses per Participant:**
- Airfare: $900.00 (approximate)
- Housing (includes meals Mon. to Sat.): $250.00
- Spanish Classes: $0.00 (All Spanish classes are paid for by a SAAC grant through UNM)
- Travel Health Insurance: $60.00 (approximate)
- Shuttle to Airport: $35.00 or less (dependent on the number of passengers on the shuttle)
- Travel Clinic Appointment: $50.00-$100.00 (approximate)
- Sunday Meals: $50.00 (variable)
- Weekend Excursions: $100.00 - $200.00 (variable and dependent on the individual selection of each student)

Students are also asked to conduct some fund raising to sponsor some wheelchairs from the wheelchair factory they will be volunteering at. In the past, students have raised from $500.00 - $600.00 as a group.

16. Student Payments

When will the student deposit be due?
When is the final payment from students due?
How will students make their payments?
(Example: student will deliver a check to XXX department or will pay online using touch net, payment is paid through student fees, students pay their own way as we go, etc)

The selected students are expected to book and pay for their flights by February 28, 2018. The students pay for their room and board ($250.00) within the first 2-3 days, upon arrival in Guatemala. They make the payments directly to the office manager, (First Name, Last Name), at Sevilla Antigua Spanish School. All other expenses are paid by the student as they go.

17. Department Administrators
Please list any department administrators that are helping you with the program organization. Please list names, university titles, phones and E-mail addresses.

(First Name, Last Name)  
Title  
Division/ Department  
Phone: XXX-XXX-XXXX, Fax: XXX-XXX-XXXX  
Email

18. Approval of Program

Programs must be approved by a Department Chair and/or Dean annually. Please list the name and title of the person who has approved this program. Upload or email copy of the signed letter/email of approval. Send email to Annette Mares-Duran amares2@unm.edu

If this is a Student-led program, you must be approved by a faculty sponsor, program director, dean or other UNM official from the sponsoring unit. Please list the name and title of the person who has approved this program. Upload or email copy of the signed letter/email of approval. Send email to Annette Mares-Duran amares2@unm.edu

The program has been approved by:
  1. (First Name, Last Name)  
    Title

  2. (First Name, Last Name)  
    Title

Letter of Support 2018.docx

19. Additional Resources

Give us a list of any additional resources/websites with useful information about the program, location, etc. Be sure to include a link to your program website if you have one.

The website of the hospital we will be volunteering at:  
http://www.obrashermanopedro.org/

The website of the wheelchair factory we will be volunteering at:  
http://hopehaveninternational.org/Refugio_de_Esperanza_-_Hope_Haven_International

The website of the Spanish school we will be attending:  
http://sevillantigua.com/

20. Pictures

Please upload pictures you would like used on the website and for promotional materials  

(Attach pictures)
PT 653 Patient Management and Clinical Decision Making IV Summer
Division of Physical Therapy
University of New Mexico - School of Medicine

Credits: 3

Instructors: (First Name, Last Name) is instructor of record.

Times and Location: This course consists of service learning and professional volunteer experiences gained throughout the three year span of the PT program, and final reflection paper.

Purpose and Prerequisites: The purposes of this course is to experience, and discuss identified learning needs in the areas of: professionalism, social responsibility, compassion and caring, cultural competence, altruism, civic duty, advocacy, health promotion, community partnership, rural community interaction and interdisciplinary skill development.

Service learning and other volunteer opportunities augment the clinical application of skill and knowledge while facilitating professionalism, leadership, meaningful and relevant service, self-improvement, trustworthiness, partnership, and reciprocal growth and empowerment for all parties involved.

Course Description: This course will be conducted primarily in an experiential format, with written reflections drawn from student service learning experiences.

Recommended Texts: NA

Teaching Methods and Learning Experience: An introductory class session to discuss the role of the student in this course. Through experiential learning, the student will learn about community engagement, program development, collaborative learning, leadership and teamwork skill building as well as self-directed learning and independent study.
Grading: Points will be awarded for completion of assignments and participation in small and large group discussion sessions, and completion of final reflection paper upon which the student’s grade will be based.

PT 653 Patient Management and Clinical Decision Making III Summer

Course Objectives

At the completion of this course, the student will:

1. Create opportunities for enhanced personal and/or professional relationships with the community and target populations (A, 1-3).
2. Develop an understanding of the theories and concepts related to service learning (A1-3).
3. Provide an identified service to a community agency or a specific target population to be served such as needs assessment, program development, program implementation, program evaluation (P, 1-3, A, 1-3).
4. Develop an action plan for service (A, 1-3).
5. Engage in meaningful service by working on a project that will make a difference (P, 1-3, A, 1-3).
6. Develop and accomplish separate service and educational goals or objectives
7. Identify and consider individual and cultural considerations in developing service. Students will interact with clients in a culturally competent way that reflects a respect for the diversity of health beliefs and individual differences (P, 1-3, A, 1-3).
8. Practice reflection, adjust and suggest implemented changes for next steps and future service learning (A, 1-3).
9. Develop an appreciation for the relationship between personal and professional growth in developing leadership skills (A, 1-3).

Current options

Service learning component:
LEND program (counts for both) – talk to Marybeth Barkocy
Camp Rising Sun
Interprofessional Geriatrics course
Wheelchair sports camp
Guatemala trip – talk to Burke
Adaptive sports clinics (Adaptive golf, wheelchair basketball, adaptive ski)
Adaptive dance
Special Olympics
Falls screening program development and clinic
Health Fairs
Albuquerque Opportunity Center (health care for the homeless) – talk to Fred Carey
Other, as approved by course instructor

Other pro bono service (not necessarily service learning)
Teaching assistantships, eg. anatomy
Medical Spanish class
Senior Mentoring
APTA student liaison
Campus leadership as approved by course instructor
Other, as approved by course instructor

Other ideas to consider pursuing:
exercise class for target population
balance class or walking group for target population
target group brochures/education project
spanish translation for a clinic brochure
dance program for children with disabilities

Students can generate or propose their own service learning project during this semester as well. Pitch these ideas to (First Name, Last Name). In general, the experience should add up to about 48 (3 credits x 16 hours/credit). It can be divided into two components, a more service learning component (pro-bono activity directed toward a non-professional community population that would otherwise not be served), and a non-service learning volunteer experience. The breakdown is negotiable, but the true service learning should be no less than ½ the total time (24 hours). A single project can be utilized, or you can be involved in multiple experiences. This time does include planning, implementing, and documenting (reflection paper). Examples of things that don’t apply: coaching otherwise healthy kids, participating in a sporting event like a 5K where all you did was run. Examples of things that do apply: sporting events for special needs individuals, flexibility and balance screens on folks before and/or after a 5K.

Grading

Letter grades will be provided and assessed by instructor regarding completed projects project planning, implementation, assessment, reflection and timeliness of submittals. Written and/or verbal feedback will be provided throughout project and should dictate final grade completion.

Proposal and/or Objectives completed generates up to 15 points
Service completed and community partner feedback generates up to 50 points
Reflection paper Generates up to 25 points
Participation generates up to 10 points
Complete and timely submissions with minimal revision necessary will be given the most points.

Minimal participation will be reflected by deduction in points as appropriate.

Unprofessional behavior during any phase of the program, or patient care that is considered unsafe, is cause for dismissal from the program.