

# PACKING

- ▶ Things to think about:
    - ▶ Climate and Seasons
    - ▶ Length of Stay
    - ▶ Local Norms
    - ▶ Availability of Products Locally
    - ▶ Accommodations + what is provided
    - ▶ Your Lifestyle
    - ▶ Carry-on size limits
    - ▶ Carry-on liquid limits
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# PACKING LIST

- ▶ See Handout
- ▶ Specialty Items:
  - ▶ Travel purse or wallet
    - ▶ I recommend PacSafe
  - ▶ Travel pillow and sleep materials (not just for flight! Trains, busses, etc.)
  - ▶ Outlet adapters
  - ▶ Linens and towels – may be cheaper to buy abroad, or provided by your host
  - ▶ Travel sheet / sleep sack – great for staying in hostels
  - ▶ Guidebook – great for researching ahead of time and planning weekend trips. I recommend LonelyPlanet.
- ▶ Do NOT overlook:
  - ▶ Documents –make ALL the copies
  - ▶ Comfortable shoes
  - ▶ Medications
  - ▶ Almost EVERYTHING else can be replaced abroad

## ▶ What NOT to pack:

- ▶ Irreplaceable valuables
- ▶ Tons of food, books, or toiletries – you can find what you need abroad
- ▶ More than you can physically carry on your own



# LUGGAGE

## ▶ Carry On

- ▶ Consider: safety, comfort, organization, and technology needs
  - ▶ Size restrictions
  - ▶ Quantity restrictions



## ▶ Checked Baggage

- ▶ Consider: portability, weight restrictions, side-travel

